

PATIENTS PARTICIPATION GROUP
CHEVIOT PRIMARY CARE GROUP
WOOLER

Minutes of meeting held on Tuesday 20th June 2017, at 4pm.

PRESENT: Rosanna Reed (Chair), Sue Wade, Teresa Culbertson, Pauline Withey, Janice Clucas, Fiona McQuiston (Cancer Research UK)

RR welcomed Fiona McQuiston to the meeting, who gave a very interesting talk on her work with Bowel Screening in Northumberland. The area covered is from Berwick to Whitby and across to Cumbria. Fiona covers Northumberland. The accent is to engage GP practices to adopt intervention measures that promote early diagnosis. This practice has average number of new cases in breast, cervical and bowel cancers. Bowel cancer is the 4th most common cancer in UK, 1 in 20 will be diagnosed in their lifetime. Screening lowers the risk of dying by 16%. 98% of people screened are normal. If caught early, 9 out of 10 people survive for 5 years or more. Programme covers invitation every 2 years, men and women 60-74, must be registered with GP practice to take part. Early diagnosis gives good chance of a cure, polyps may be found which can be early start of cancer, but can be removed. Test looks for 'hidden blood' when further tests would be required. Bowel Scope Screening (Flexi Sigmoidoscopy) may also take place –in lower bowel only, Symptoms might include change in normal bowel habit, bleeding from back passage or urine, lump/pain in abdomen, losing weight, unexplained tiredness . Ways to reduce risk – drink and smoke less, eat less red and processed meat, eat more fibre, take exercise.

RR thanked Fiona for her presentation.

2. MINUTE TAKER – Sue Wade
3. APOLOGIES: Mike Allport, Chris Short, Liz Veevers, Harry Wilson.
4. MINUTES OF MEETING 21 Feb 2017 were read, agreed and signed.
5. No matters arising. Pauline Withey noticed that Book in Surgery Waiting room with Minutes of PPG meetings still said '2monthly meetings' this to be changed to ready '4monthly'.
6. GLENDALE FESTIVAL ARRANGEMENTS – Banner , funds agreed from Doctors' Fund. MA has in hand. Agreed to read – WOOLER DOCTORS' PATIENT GROUP. Date is Sunday 23 July 2017 9-4'ish. RR, SW and JC to set up and man am. MA and TC to cover pm, and help clear up. PW apologized and said she could not come at all, but brought information about Coeliac Disease. Table cloths/chairs to be brought. SW to organize resources on drinking, smoking, sugar content as before. Must inform Surgery they are coming, so they don't get sent away again! RR to ask CD about leaflet re Drs Fund. Information on following – Diabetes, Coeliac, Bowel Screening (from Fiona), Mental Health, Walking list (JC).
Meeting closed at 5.30pm
7. No items suggested for next meeting.
8. DATE of next meeting – Tuesday 10 October 2017